WICL Maternity Pledge

We invite Chambers, Firms and other workplaces to commit to the WICL Maternity Pledge:

We recognise:

- 1. Motherhood¹ is a time of transition and with that comes a complex mix of emotions, which all new parents experience to some degree.
- 2. Women go through physical and psychological changes during pregnancy and after birth.
- 3. Working whilst pregnant, and returning to work after giving birth, can add to levels of stress and competing demands on their time.
- 4. Everybody in the workplace should recognise that support and/or reasonable adjustments may be required on both an individual and wider level.
- 5. Individuals may need support with issues arising from, or linked to, working during pregnancy and/or returning to work after a period of maternity leave.

We commit to:

- 1. Creating a safe environment and culture within which pregnancy and maternity can be talked about openly, positively and respectfully, without stigma, shame or embarrassment.
- 2. Maintaining appropriate boundaries and recognising that pregnancy and maternity is a private health matter.
- 3. Valuing pregnant employees and new parents.
- 4. Appointing a person responsible for this [a Maternity "Advocate"].
- 5. Working towards agreeing a standardised policy/practical guidance to be implemented within our workplace.
- 6. Keeping these policy documents under regular review (at least every 3 years).
- 7. Actively supporting employees and members affected by pregnancy and maternity issues.
- 8. Providing regular Education/Training (at least every 3 years) and raising awareness to all within our workplace with regards to issues arising from pregnancy and maternity.
- 9. Sharing appropriate resources/guidance.
- 10. Ensuring a satisfactory environment for employees and members affected by pregnancy and maternity, including but not limited to a reasonable temperature, comfortable seating, access to hydration, access to private clean rooms and fridges wherever possible, 'return to work' meetings, and consideration of diary management within geographical restrictions upon request.

¹ "Being a mother, is the status given to the person who undergoes the physical and biological process of being pregnant, carrying and giving birth to a child". WICL extends that language to include those who adopt.